

UTAH DEPARTMENT OF HEALTH, PRIOR AUTHORIZATION REQUEST FORM  
**HUMIRA (adalimumab)**

Patient name: \_\_\_\_\_ Medicaid or SS# \_\_\_\_\_  
Physician Name: \_\_\_\_\_ Contact person: \_\_\_\_\_  
Phone#: \_\_\_\_\_ Ext. and options \_\_\_\_\_ Fax# \_\_\_\_\_  
Pharmacy \_\_\_\_\_ Pharmacy Phone#: \_\_\_\_\_  
Diagnosis \_\_\_\_\_

**All information to be legible, complete and correct or form will be returned**

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**FAX DOCUMENTATION FROM PROGRESS NOTES OR IN LETTER OF  
MEDICAL NECESSITY**

**CRITERIA:**

**Rheumatoid Arthritis or Psoriatic Arthritis:**

- ▶ Diagnosis of severe Rheumatoid Arthritis, Psoriatic Arthritis
- ▶ History of treatment, incomplete response or intolerance to Methotrexate, NSAID'S and at least one other DMARD or second line drug (azathioprine, sulfasalazine, leflunomide, penicillamine, hydroxychloroquine, etc.)
- ▶ The number of swollen joints, must be 6 or more **(WRITE SPECIFIC NUMBER IN NOTES OR LETTER)**
- ▶ The number of tender joints must be 9 or more **(WRITE SPECIFIC NUMBER IN NOTES OR LETTER)**
- ▶ Absence of active bacterial or viral infection, malignancy, or immunosuppressive condition.
- ▶ Rheumatology consultation within the last 60 days.
- ▶ Humira may not be given with other biologic agents such as Interferon, experimental medications or combinations.

**Ankylosing Spondylitis:**

- ▶ Diagnosis of Ankylosing Spondylitis
- ▶ Rheumatology consultation within the last 60 days.
- ▶ Humira may not be given with other biologic agents such as Interferon, experimental medications, or combinations.

**AUTHORIZATION:**

Initial prior is for 12 weeks given every other week

**RE-AUTHORIZATION:**

Subsequent PA is for 12 months if the patient has at least 20% **DOCUMENTED** improvement in 4 of the following 6 areas: tender and swollen joint count, patient and or global assessment of disease activity, pain, acute phase reactants. Yearly letter updating response to Humira.